pediatric ENT
OF OKLAHOMA
A DIVISION OF
McBRIDE ORTHOPEDIC HOSPITAL

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Incision/Wound Care After Surgery
Home Care Instructions

Mild swelling and pain at incision site can be normal. Pain will decrease as wound heals. Stiches will dissolve in 2-4 weeks.

Steri-Strips
Please keep Steri-Strips in place. They will fall off on their own over the next 2-3 weeks.

Bathing
Please do not get the wound wet for at least 48-72 hours after surgery. Please do not submerge the wound in water for at least one week after surgery. Do not scrub or soak the wound.

Antibiotics
You may be prescribed an antibiotic postoperatively but this is not a requirement. This depends on type of surgery that is performed. Many times, we do not need any antibiotics postoperatively.

Activity
Please wait at least 2 weeks to return to strenuous activities and sports.

When to call the doctor
Call for any of the following signs of infection:

- Yellow or green discharge that is increasing.
- Change in odor of discharge.
- Change in size of incision
- Redness or hardening surrounding the area.
- Incision is hot to the touch.
- Fever.
- Increasing or unusual pain.
- Excessive bleeding.

Numbers to call
On weekdays from 8am to 4:30pm call your child's surgeon at (405) 608-8833. If problems arise in the evening after 4:30pm, weekends, and/or holidays please call (405) 330-4420.

Appointments
This is specific to surgery that is performed. Please call our office to find out when you should follow up after surgery or follow up as surgeon recommends to you postoperatively. You can contact us at (405) 608-8833.